

## Three Reasons To Plan Your Next Holiday at the Adults-Only SALT of Palmar from 1 October 2021

*This progressive boutique resort located in the rustic east is the first eco-friendly five-star retreat for grown-ups in Mauritius*



**21 September 2021, Mauritius** – At SALT of Palmar, guests can enjoy the perfect mix of conscious travel and laid-back, adults-only luxury. A trip away with long evenings and lazy mornings with a significant other, a holiday with close friends for a temporary escape or a solo reset away from chaos and noise might be just what is needed to recharge.

Here are three ways how you can disconnect and fully unwind at SALT of Palmar with new experiences to connect more meaningfully with the destination.

### 1. In Pursuit of Wellness

Amidst the rustic environment of the east, SALT of Palmar is a discovery even for those who know the island well. Take a morning out for forest bathing at Bras D'eau, soaking in all the sounds and songs of nature followed by a local breakfast amongst the lush foliage. A raw food initiation and a recalibrating yoga session awaits back at the hotel. And if that was not restorative enough, the 60-minute treatment at the Equilibrium spa will do the trick.

## **2. Meat-free Adventures**

Certified VeganWelcome by VeggieHotels, SALT of Palmar is the only hotel in Mauritius serving up hot and cold menus of delectable vegan-friendly, vegetarian, raw vegan, gluten-free and lactose-free dishes. Hop on a bike and visit the Flacq Market with the chef. Bring back the spoils of your shopping to make a delicious lunch or dinner in The Kitchen. As a treat, guests will receive a copy of the delightful SALT cookbook put together by the chefs in the SALT kitchen with all their favourite recipes.

## **3. Deep Within the South of Mauritius**

Discover the little-known history of Mauritius' first capital located in the south of the island: Mahebourg. Experience the sights, smells and sounds with an island insider, Lionel Athion, who will make the small winding streets of villages come alive with his childhood stories, offer morsels of knowledge not found in any history books on the artifacts located in the charming 18<sup>th</sup> century building now known as the Mahebourg Museum, and venture on a discovery journey to Ile Aux Aigrette, home to several critically endangered endemic plants and animals. Back in the hotel, a four-course dinner will be served using products sourced from the South.

Recently recognised as one of the Top 25 Hotels in Africa by TripAdvisor Traveler's Choice, SALT of Palmar offers a charming intimate environment with only 59 rooms and suites for guests age 16 and older.

From 1 October 2021, vaccinated travellers can enter Mauritius without restrictions upon presentation of a negative PCR test taken within 72 hours before departure.

To make a reservation, email [reservation@theluxcollective.com](mailto:reservation@theluxcollective.com) or visit [www.saltresorts.com](http://www.saltresorts.com)

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**SALT of Palmar** is a humanistic approach to hospitality created by The Lux Collective in November 2018, connecting modern explorers with meaningful travel experiences. Spearheaded by hospitality visionary and CEO of The Lux Collective, Paul Jones, SALT introduces a new breed of hospitality for the culturally curious. Devoted to the wonder of all things local and sustainable, SALT resorts take guests to people - not just places. It reveals to guests the beating heart of destinations and their communities and get them out there exploring it – the SALT way.